



**CHEL TENHAM
BOURN SIDE
SCHOOL**



**SMARTPHONE
FREE AT KS1, 2 & 3**
CHELTENHAM

April 2025

Smartphone free Challenge

A term 5 challenge for pupils, staff and families

Monday 28th April to Friday 23rd May

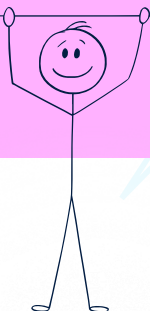
**1 Smartphone
FREE in Term 5**

**2 Reduce your
screentime
in Term 5**

Mrs Lees, Assistant Head & Designated Safeguarding Lead, has a challenge for Bournsiders in Term 5. Can you go Smartphone FREE, or if not Smartphone FREE, could you reduce your screentime by 75%?

Prizes

YOU CAN DO IT



We hope that the experience delivers its own prize, in sharing what a significant change in habits brings to each challenger's health and well-being, but there are some physical prizes to win too!

Challenge #1: Going Smartphone FREE for Term 5

- All successful challengers entered into a draw to win one of three £20 Amazon vouchers.

Challenge #2: Reduction in Screen Time

(A reduction of 75% sustained throughout Term 5)

- All successful challengers entered into a draw to win one of two £20 Amazon vouchers.

To take part, please email Mrs Lees before Monday 28th April to register: smartphonefreechallenge@bournside.gloucs.sch.uk



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Cheltenham Bournside School is working with local primary schools and parents to encourage the delayed use of smartphones. We have created Smartphone Free at KS1, 2 and 3 to help us achieve our goal.